

## Former international student

“As a third culture kid, Values and Visions resonates completely with my world view and I hope educators will start to apply some of its wisdom.” **Julienne Roxanne Zammit, Principal Consultant, WYG Group, May 2019**

## Omani students’ reflections on establishing core values

I really enjoyed the process of creating the credo, I was able to express my own opinion for every point. I had enjoyed the process of thinking about things that I most care about. I feel like I will be able to commit to the end result because every statement we wrote I feel strongly about and I relate to them. To be able to use the values that we choose as a class will help me become more positive and stop focusing on the negative things. I will ensure that I am being open-minded because it is a great way to stop dwelling on the negative aspects that are clouding my mind. Overall having the opportunity to do this process has helped me see things in others perspective.

The process of creating the credo with miss Burns and Mr. Al-Wuhaibi was very interesting especially the part where we closed our eyes and got time to think and imagine. That was very helpful. The way we found the common and important values between us was very relaxing. Also, how we voted in the end like a democracy it was very thrilling. It was a great success because every single person got a chance to talk. In the end, the result was excellent and I would definitely make it my life's mission to commit to these important values I will read the credos every day to remember them, understand the true meaning of the value then implement them in real life.

It was a good process because It squeezed our minds to choose the most important and relative values or qualities for us. My voice and opinion was heard, and my choices for the qualities are on final six qualities. I am very happy with the final result, I will commit on the final results. I will try my best because in my opinion the values or the qualities we’ve chosen are important values in the (programme), of course important for me as student now and for the future.

We started off by doing something a bit unusual for most candidates. We meditated. I really think it helped us clear the buzzing noise in our minds and helped us move onto the next task with a clear mind. After raising our vibration, we were asked to think of three values which were important to us and I quickly listed out three values that came immediately came into mind. I believe that respect, gratitude, and open-mindedness are very fundamental to an individual's lifestyle.

The process of creating the credo was kind of scary for me since I wasn't used to state my opinion in front of many people I barely knew so It was very challenging for me as well as many others but as the activity kept going I began to express myself and actually give out my opinion and cooperating with others as well as inquiring in it. Everyone who interacted and cooperated with the others and stated their opinion was taken into consideration and was given attention to. Each one who stated an opinion was heard and given care to their opinion and I believe my voice was heard as well.

The process of creating the Credo was an interesting process, as I had mixed emotions when participating in this activity. We started by closing our eyes and taking deep breathes, which I must admit, was strange to me. The qualities/values I chose that I want to be remembered by are: integrity, perseverance, and being humble. These were thrown into a pile of other values and qualities that the other scholar candidates chose. It was difficult to narrow these qualities down to 6 or even 8 as all of the values included were vital. To be honest, I was surprised and somewhat disappointed when being humble was not a popular value that people voted for. Additionally, having integrity is something I believe to be crucial, especially in the SRP. This is due to the fact that having integrity in your work highlights the fact that you put all your effort in your work and that the work is actually yours. Nonetheless, the six that we chose (perseverance, hard work, faith in God, family, open-mindedness and kindness) were also essential. Overall, this activity was a unique experience for me as I had to keep in mind that the students are from different parts of Oman, and the teachers were also from all over the world. Therefore, each person was tackling this activity from a different angle, but for the same overall purpose.